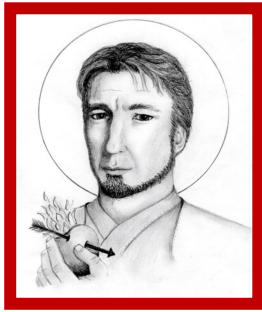


Saint Augustine & Saint Mary Catholic Churches



A Parish Family



February 20, 2022
7th Sunday in Ordinary Time



Masses

Sat. 5:00 pm - St. Augustine
Sun. 8:00 am - St. Augustine
Sun. 9:30 am - St. Augustine
Sun. 11:15 am - St. Mary
Wed. 9:30 am - St. Augustine
Thurs. 9:30 am - St. Mary
Fri. 9:30 am - St. Augustine

Reverend Paul R Pluth
Pastor

Information@StAugustineOH.org
www.StAugustineOH.org

St Augustine
185 N. Oak Harbor Street
Oak Harbor, WA 98277
(360) 675-2303

St Mary
207 North Main Street
Coupeville, WA 98239
(360) 675-2303

Mailing Address for both parishes:
P.O. Box 1319
Oak Harbor, WA 98277

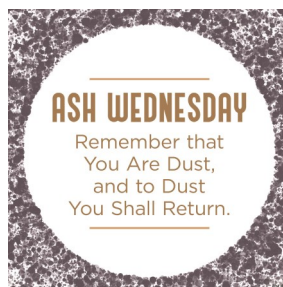


7TH SUNDAY IN ORDINARY TIME

"Give, and gifts will be given to you; a good measure, packed together, shaken down, and overflowing, will be poured into your lap. For the measure with which you measure will in return be measured out to you." - Lk 6:38

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

©LPI



ASH WEDNESDAY IS MARCH 2nd

St. Augustine

9:30 am - Mass with Imposition of Ashes
6:00 pm - Service of Repentance with
Imposition of Ashes (*not a Mass*)

St. Mary

11:30 am - Mass with Imposition of Ashes

We Encounter Jesus



St Augustine & St Mary

NO RE - PRESIDENT'S DAY BREAK

February 19	4:00 pm	Confessions
Saturday	5:00 pm	Vigil Mass (<i>Dale Adams, RIP;</i> <i>Robby Harless, INT;</i> <i>Roehl Verganio, INT;</i> <i>Kevin Verganio, INT</i>)

February 20	8:00 am	Mass (<i>Ben & Diana Manuel, INT</i>)
Sunday	9:00 am	Coffee & Donuts, PH/K
	9:30 am	Mass (<i>Our Parishioners, INT</i>)
	9:30 am	Mass livestreamed on FB page: St Augustine Catholic Church
	10:30 am	Coffee & Donuts, PH/K
	11:15 am	Mass at St Mary

February 21		Office Closed - Presidents Day
Monday	4:00 pm	Agape, PH

February 22		No activities
Tuesday		

February 23	9:30 am	Mass
Wednesday	10:00 am	Divine Mercy & Adoration, CH
	10:00 am	St Maria's Guild, CR 1 & 2

February 24	9:30 am	Mass at St Mary
Thursday	6:30 pm	RCIA, CR 1 & 2

February 25	9:30 am	Mass
Friday	10:00 am	Divine Mercy & Adoration, CH

February 26	10:00 am	"Our Path to Holiness" at St Mary, Harrington Hall

Lenten Opportunities

Stations of the Cross

~ St Augustine

Thursdays at 5:00 pm starts March 3; Youth led.

Fridays after 9:30 am Mass starts March 4.

~ St Mary

Fridays at 5:30pm starts March 4.

Rosary before Mass at St Mary

Sundays at 10:45 am, prior to 11:15 am Mass starts March 6.

Cross of Burdens at St Augustine

Located in the Vestibule. Write your burdens on a slip of paper and place them on the cross. Our R.E. students will pray for you every week during Lent.

Little Black Books for Lent

Available for \$1 in starting February 26.

Bible Study at St Augustine & Zoom

"No Greater Love" classes, Mondays, March 7 - April 11 in CR 1&2 and on Zoom. (*See Bible Study supply information on page 3.*)

Prayers of Blessings at St Augustine

Prayers of Blessings cards will be available on February 19 in the Vestibule. Fill in the 1st name of those needing prayers and the reason. Place the completed cards in the box in the Vestibule. The completed cards will be available to pick up February 26 so that your requests can be prayed for during Lent by others.*

Religious Book Exchange

Bring your spiritual books you are willing to give away as there will be a box in the Vestibule to bring and take away books.

Catholic Relief Services Rice Bowls & Calendars

Rice Bowls remind us to practice Prayer, Fasting, and Almsgiving during Lent. Visit csrricebowl.org and discover resources and recipes for Lent. 25% of Rice Bowl donations supports our parish Works of Mercy (Agape, Food Pantry, & Outreach).

**For those unable to attend Mass in person, you may call/email the office with prayer requests and arrange to pick up books.*



Lenten Penance Service

Thursday, April 7th, 6:00 pm at St. Augustine.

We Pray for Our Family

Brooks Allen, Jim Arbuckle, Phil Bercov, Rene Blair, Fel Catabay, Eileen Catalano, Clint Copeland, Doris Dean, Mark Dean, Tom Dumit, Bob Ellis, Mamie Forbes, Lilly Gadin, Douglas Hammer, Sheryl Henry, Marsha Kilgore, Jack Kraft, Mike Lund, Rebecca Lund, Angelina Lupino, CDR Scott Maynes USN, Rick McCormick, SPC Zachary McCormick, Patti McKinnon, Connie Meisch, Aislinn Moeller, Alexandria Molt, Richard Rezabek, Lou & Lulu Santos, USNG Tanya Shafer, Dennis Sionson, Jeanine Szuch, Tiffany Tienda, Chuck Tollefson, Guadalupe Trimble, Doug Undesser, Jeanne Valdez, Patty Williams, Diane Young

Permission is required from the individual prior to adding their name to the prayer list. To include a loved one, please call the parish office at 360-675-2303

We Connect With Each Other



- ✂ **Prayers & Healing Prayers** - Mike & Barb Thelen will be available after First Friday Mass on March 4, for prayers and/or healing in the Baby and Toddler Room.
- ✂ **Lenten Study** - "No Greater Love" begins on Monday, March 7 at 10:00 am in CR1 and on Zoom at St Augustine. This is a six week study ending on April 11. Purchasing the Study Set from Ascension Press for \$26.95 give you the Study Guide, the book and one year online access to the videos. For more information see posters around the parish campus.
- ✂ **Traveling Statue of the Blessed Virgin Mother** - Available to you for prayer and meditation in your home. Please call Heather to schedule a visit at 360-720-0722.
- ✂ **Flame of Love of Immaculate Heart of Mary** - Join the ZOOM prayer group, 1 hour/week, Tuesday at 11:00 am and Thursday at 7:00 pm. Call Chris Pflugfelder at 360-675-2026 or cpflugfelder@comcast.net. Learn about the Flame of Love of the Immaculate Heart of Mary, a critically important grace of our time, by watching a brief video at <https://youtu.be/xMnOeyCEnP4>
- ✂ **Baptisms** - The next Baptisms are scheduled for Saturday, April 23 at St Augustine and Sunday, April 24 at St Mary. Baptism class is scheduled on Saturday, March 12th from 9:00 am to Noon. Please call the parish office at 360-675-2303 to register.

St Mary Pastoral Council Corner February 20



Do you have ideas for our Lenten journey that you would be interested in having at St Mary?

Would you be interested in helping organize any activities, such as Stations of the Cross?

Please let any Pastoral Council member know or leave a message for the St Mary Pastoral Council at 360-675-2303.

Our Path to Holiness: Beginning our Lenten Journey

We will begin our Lenten preparation with a 2-hour gathering in St Mary hall on Saturday, February 26 from 10 am to Noon.

On March 6, before Mass, we will begin the Rosary together.

Little Stories of Big Faith

When I was young I was alone with my four children. I got sick and a friend took care of my children. When I came home from the hospital and picked up my children, I knew there was no food in the house. But when I arrived home, there was a basket of food on my front porch. And they brought many more baskets. Other times, friends gave me food from their own welfare supplies. I believe God has taken care of me and my family through the people in my life.

Volunteers Needed

The Agape meal program needs volunteers on Mondays, afternoons to early evenings. Volunteers help one Monday per month with meal prep, serving, and/or cleanup. This is a good way to get involved in your parish and community, or for high school students to complete community service hours. If you are interested or just want more info, contact Mary Brady at 360-499-6743 or bradylady2@yahoo.com for details.



We Are Stewards of God's Gifts

Saint Augustine

Weekly Expenses	\$13,090
February 6 Offering	\$23,335



Saint Mary

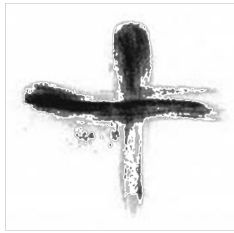
Weekly Expenses	\$2,962
February 6 Offering	\$4,303

We encourage you to use online bill-pay through your bank. Include your envelope number and mail your donations to our mailing address: **P.O. Box 1319, Oak Harbor, WA 98277**. If you need your envelope number please call the parish office 360-675-2303.

REFRIGERATOR DOOR GUIDE TO LENT 2022

PLEASE POST IN YOUR HOME FOR LENT

Ash Wednesday



March 2nd

9:30 am Mass with Imposition of Ashes at St Augustine - *Livestreamed*

11:30 am Mass with Imposition of Ashes at St Mary

6:00 pm Service of Repentance & Ashes at St Augustine Church (*Not a Mass*)

*Let us change our garments to
sackcloth and ashes.
Let us fast and weep before the
Lord,
that our God, rich in mercy,
might forgive our sins
Joel 2:17, Esther 4:17
Antiphon while Receiving
Ashes*



Ash Wednesday is full of joy...The
source of all sorrow is the illusion
that of ourselves we are anything
but dust.

— Thomas Merton —

AZ QUOTES



VIII
Simon Helps Jesus Carry the Cross
SCRIPTURAL WAY OF THE CROSS

Stations of the Cross

St Augustine

Thursdays at 5 pm, Youth Stations, *Starts March 3rd*

Fridays at 10 am following Mass, *Starts March 4th*

St Mary

Fridays at 5:30 pm, *Starts March 4th*

Cross of Burdens

The Cross of Burdens is up in the Vestibule again this
Lent. Write down your burden and place it on the
Cross. Our RE students will pray for you and your
burdens every week during the 40 Days of Lent.

FASTING is



One Regular Meal
and



Two Small Meals

BUT

NO

SNACKS!

ABSTINENCE is



Ash Wednesday, March 2nd
& Good Friday, April 15th
are Days of Fast & Abstinence.

Every Friday in Lent
is a Day of Abstinence.

Catholics 14+ are required to practice abstinence. Catholics 18 - 58 are required to fast. Those outside the age limits, as well as pregnant and nursing women, manual laborers, diabetics, and the ill are excused from the requirements of fasting and abstinence, and vegetarians and vegans are excused from abstinence.

ALL these are encouraged to take up some other act of penitence or work of piety or charity.

“Christ Died for Our Salvation on Friday”

For this reason, Friday itself remains a special day of penitential observance throughout the year, not only during Lent. Friday should be to each week what Lent is to the entire year. It would bring great glory to God and good to souls if Fridays found our people doing volunteer work in hospitals, visiting the sick, serving the needs of the aged and the lonely, instructing the young in the Faith, participating as Christians in community affairs, and meeting our obligations to our families, our friends, our neighbors, and our community, including our parishes, with a special zeal born of the desire to add the merit of penance to the other virtues exercised in good works born of living faith. “Penance & Abstinence”, 1983, US Bishops



Catholic Relief Services *Rice Bowls & Calendars*

are available in our
churches. *Rice Bowls* help

us practice **Prayer, Fasting, and Almsgiving** during Lent, using the info sheet inside the *Rice Bowl*. Also visit the *Rice Bowl* website crsricebowl.org and discover Family Activities, Resources and Recipes for Lent. Download the free **Rice Bowl Mobile App** for your phone or tablet. 25% of *Rice Bowl* donations supports our parish *Works of Mercy* and *Agape*.

St. Mary Offerings for Your Lenten Journey



Our Path to Holiness: Beginning our Lenten Journey

Saturday, February 26, St. Mary Hall, 10 AM to Noon

During these two-hours we will reflect on ways to begin our path to holiness and be ready to meet Jesus at Easter. Let us begin our journey together. Invite a friend. No registration necessary.

St. Mary Pastoral Plan 2022: Ideas for Living Out the Pastoral Plan During Lent

This is a one-page resource list to find ways to grow closer to Jesus as we walk our Lenten path. Please look for the insert in the bulletin on February 27. It will also be handed out after Mass during Lent.

St. Mary Stations of the Cross

St. Mary will be offering Stations of the Cross beginning on the first Friday of Lent, March 4, in the church, at 5:30 PM. This will be another path for our journey to the Cross and Resurrection.

The Rosary will be offered before Mass at St. Mary

Beginning on the first Sunday of Lent, March 6. Please arrive by 10:45 AM. We will have a chance to pray the rosary together before Sunday Mass. Praying together is a gift to enhance our holiness on our path to Easter.

St. Mary Pastoral Plan 2022

IDEAS FOR LIVING OUT THE PLAN

- Pray the Rosary at home daily. Invite others in our home to pray with us.
- Say a prayer of thanksgiving daily. Develop our own "attitude of gratitude."
- Attend the Lenten "Our Path to Holiness" gathering on Saturday, February 26 at 10 at St. Mary. Invite a friend.
- Sunday before Mass pray the Rosary together beginning March 6.
- Attend the Lenten Study of "No Greater Love" on zoom or at St. Augustine beginning March 7.
- Read Divine Mercy Readings.
- Read daily readings from the United States Conference of Catholic Bishops.
- View the Archdiocesan Daily Mass online.
- Join Fr. Mike Schmitz's Bible in a Year from Ascension Press website online.
- Share our stories of faith with others (after Mass on the breezeway, over coffee, on a walk, a good morning text, call, or email, write our stories of faith for the bulletin section "Little Stories of Big Faith"). Don't forget to share with our families, too. 😊
- Call friends we haven't seen in a while. Offer prayers and encouragement.
- Add others to our daily prayer lists.
- Live out our faith by doing daily acts of kindness for our family, friends, and community.

St. Mary (Coupeville) Pastoral Plan – 2022

Encounter Jesus Christ and One Another

- Attend Mass every weekend, unless prevented by sickness or travel.
- Engage in sacramental confession at least twice a year.
- Pray daily, with a goal of at least 5 to 10 minutes daily.
- Grow in faith through study, reading at least one book or attending one class each year. ☐ Search for ways to equip ourselves and others to encounter Jesus Christ.

Accompany each other, as one human family, on the journey of discipleship

- Discuss my relationship with the Lord in a small faith-sharing group keeping in mind that a family is itself a small group.
- Look after the material, emotional, and/or spiritual needs of at least one fellow parishioner each year, either formally through a pastoral care ministry, or informally.
- Look after the needs of my parish, by giving back at least 1 hour of time or 1 hour of money (per my hourly income rate) each week.

Live the unconditional love and joy of the Gospel

- Talk to at least one new person about Jesus each year.
- Unite myself in solidarity to at least one economically or marginalized person each year, either by experiencing their reality or listening to their experiences.
- Be a public witness to the self-sacrificial example of Jesus at least once each year by giving something of myself to the marginalized, either formally through an outreach ministry or informally by giving up my time, money, or pride.

Mourning the loss of a loved one?

Let GriefShare help you heal.



WEEKLY GRIEF SUPPORT GROUP

March 5—May 28, 2022

Saturdays 10:30am

Church of the Nazarene

1100 W Whidbey Ave, Oak Harbor

Registration \$15.00

REGISTER ONLINE: www.griefshare.org

OR CALL (360) 675-0705